



A Life Well Lived



“Well done, good and faithful servant.”

Matthew 25





# About

Starting Well

Living Well

Singing & Serving Well

Suffering Well

Ending Well

Sharing Well



Starting Well



“If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth.”

- Colossians 3:1-2





Living Well

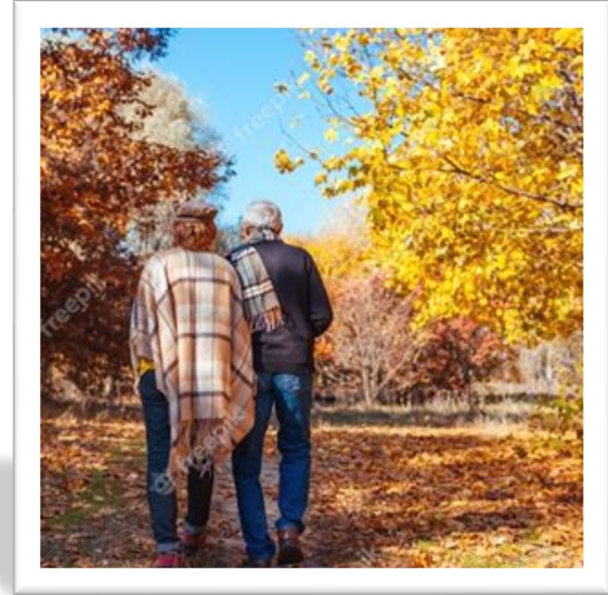
# Living Well: The Body



Sleep



Food



Exercise



# Living Well: Our Environment



## Technology

The Good, The Bad, & The Ugly



## Money

All From God



## Relationships

We Need Each Other



## Time

Redeem the Time







Singing Well



“...addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart.”

- Ephesians 5:19





Serving Well



“A disciple is not above his teacher, nor a servant above his master. It is enough for the disciple to be like his teacher, and the servant like his master.”

- Matthew 10:24-25





Suffering Well

A botanical illustration featuring a fern frond on the right and a flowering plant with small white flowers on the left, both rendered in a detailed, etched style. The illustration is positioned in the upper left quadrant of the slide.

# Suffering

Why me?

Why is this happening?

When will it end?

I cannot take it anymore.

# Suffering Considered



# Suffering Considered



## Sin Fruit

Genesis 2:17, 3:16-19







“For the wages of sin is death.”

- Romans 6:23



# Suffering Considered



**Sin Fruit**

Genesis 2:17, 3:16-19



**Christ**

Isaiah 53:3





“You will drink my cup.”

- Matthew 20:23



# Suffering Considered



**Sin Fruit**

Genesis 2:17, 3:16-19



**Christ**

Isaiah 53:3



**Purpose**

Romans 5:3-5





“The testing of your faith produces steadfastness.”

- James 1:3



# Suffering Considered



**Sin Fruit**

Genesis 2:17, 3:16-19



**Christ**

Isaiah 53:3



**Purpose**

Romans 5:3-5



**Temporary**

2 Corinthians 4:16-18





*“Weeping may tarry for the night,  
but joy comes with the morning.”*

*- Psalm 30:5*





# Observations







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Exodus 13:17-22



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2 Samuel 12:7-15



“The way of transgressors is hard.”

- Proverbs 13:15 (KJV)





# Observations

Exodus 13:17-22

2 Samuel 12:7-15

Job 1:6-12, 2:1-10



“It was not that this man sinned, or his parents, but that the works of God might be displayed in him.”

- John 9:3





# Observations

Exodus 13:17-22

2 Samuel 12:7-15

Job 1:6-12, 2:1-10

Psalms 119:65-72



“ The reasons why Christ has chosen that His people should be afflicted, and often sorely persecuted, are not difficult to ascertain... the rod is one of God’s means of *recovering backsliders from wanderings*... afflictions are employed to *prevent Christians from backsliding*... sorrow *softens and prepares the heart for the reception of the joy of the Lord*. ”

Archibald Alexander





# Observations

Exodus 13:17-22

2 Samuel 12:7-15

Job 1:6-12, 2:1-10

Psalms 119:65-72

John 15:18-21





“ It is a striking peculiarity in the religion of Christ, that in the conditions of discipleship, ‘taking up the cross’ is the first thing. He never tempted any to follow Him with the promise of earthly prosperity, or exemption from suffering. ”

Archibald Alexander





# Observations

Exodus 13:17-22

2 Samuel 12:7-15

Job 1:6-12, 2:1-10

Psalms 119:65-72

John 15:18-21

Acts 5:40-42



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Exodus 13:17-22

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Job 1:6-12, 2:1-10

Psalms 119:65-72

John 15:18-21

Acts 5:40-42

1 Peter 4:12-19



“Now I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in Christ’s afflictions for the sake of his body, that is, the church.”

- Colossians 1:24





# The Reality

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# The Reality

- We will suffer. *Do not avoid, deny, doubt.*
  - We are Christ's. *He suffered ultimately.*
- Do not suffer alone. *What have we learned?!*
- Embrace your suffering. *God is doing a work.*





# Suffering: Recap

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- Suffering considered: *Sin, Christ, purpose & time.*
- Observations: *Consequences, glory & persecution.*
- The Realities:
  - Christian, *we will suffer, as Christ did, but not like He did.*
  - Christian, *suffer with others and embrace your trials.*



# Upcoming

May 10<sup>th</sup>:

Suffering Well Pt. II

May 17<sup>th</sup>/24<sup>th</sup>:

Ending Well

May 31<sup>st</sup>:

PODs



Questions?